



Ultrasound Preps

Abdomen and Aorta Scans:

- Please eat a light evening meal with no gassy foods like beans, broccoli, brussels sprouts, or carbonated beverages.
- Nothing to eat or drink after midnight the night before your exam.

Renal/Kidney Scans:

- Please eat a light evening meal with no gassy foods like beans, broccoli, Brussel sprouts, or carbonated beverages.
- Nothing to eat or drink after midnight the night before your exam.
- Please drink 32 ounces of water only, 1 hour prior to your exam. It is important to have a full bladder for this scan, so please refrain from using the restroom after drinking the water.

OB Scans:

- Please drink 32 ounces of water only, 1 hour prior to your exam. It is important to have a full bladder for this scan, so please refrain from using the restroom after drinking the water.

Pelvic Scans:

- Please drink 32 ounces of water only, 1 hour prior to your exam. It is important to have a full bladder for this scan, so please refrain from using the restroom after drinking the water.

Echo, Carotid, Venous, Arterial, Breast, other Scans:

- No prep