



## **CT Scan Prep**

### **CT Scan without Contrast/Dye:**

- If you are pregnant or think you may be pregnant, please make your provider and technologist aware of the possibility prior to testing.
- Please remove any piercings located in the area where the scan will be performed.
- Please make appropriate childcare arrangements for the safety and well-being of your child.

### **CT Scan with IV Contrast/Dye:**

- Please fast for at least 4 hours prior to your exam, as the CT Contrast/Dye may make you nauseous.
- If you are over the age of 60, diabetic, or have renal insufficiency, please be aware that you may be required to get blood drawn prior to injection of iodinated contrast media.
- If you are pregnant or think you may be pregnant, please make your provider and technologist aware of the possibility prior to testing.
- Please remove any piercings located in the area where the scan will be performed.
- Please make appropriate childcare arrangements for the safety and wellbeing of your child.

### **CT Scan with Oral Contrast/Dye:**

- Nothing To Eat or Drink 4 Hours Prior To Exam.
- You may take your medications with water.
- You are encouraged to drink plenty of fluids on the day of your CT exam up to your scheduled exam time.

- You will be given a vial of CT Contrast by a technologist with printed instructions on how to mix and drink.
  - You must pop the top lid off the vial first, then pull the metal tab to tear off the metal case around the top. You will then have to pull out the top to open the vial to be able to pour it out.
  - If your exam is scheduled **BEFORE** 12pm, on the evening PRIOR to your exam, mix the 30mL of Iodine Contrast with 32 oz. of any non-carbonated beverage of choice (most patients use Crystal Lite packets). Drink 8 oz. of the mixture the night before your exam.
  - If your exam is scheduled **AFTER** 12pm, please drink 8 oz. of the mixture at 7 am, the morning of your exam.
  - On the day of your exam:
    - Drink 8 oz. 1.5 hours before your exam
    - Drink 8 oz. 1 hour before your exam
    - Drink 8 oz. 30 minutes before your exam